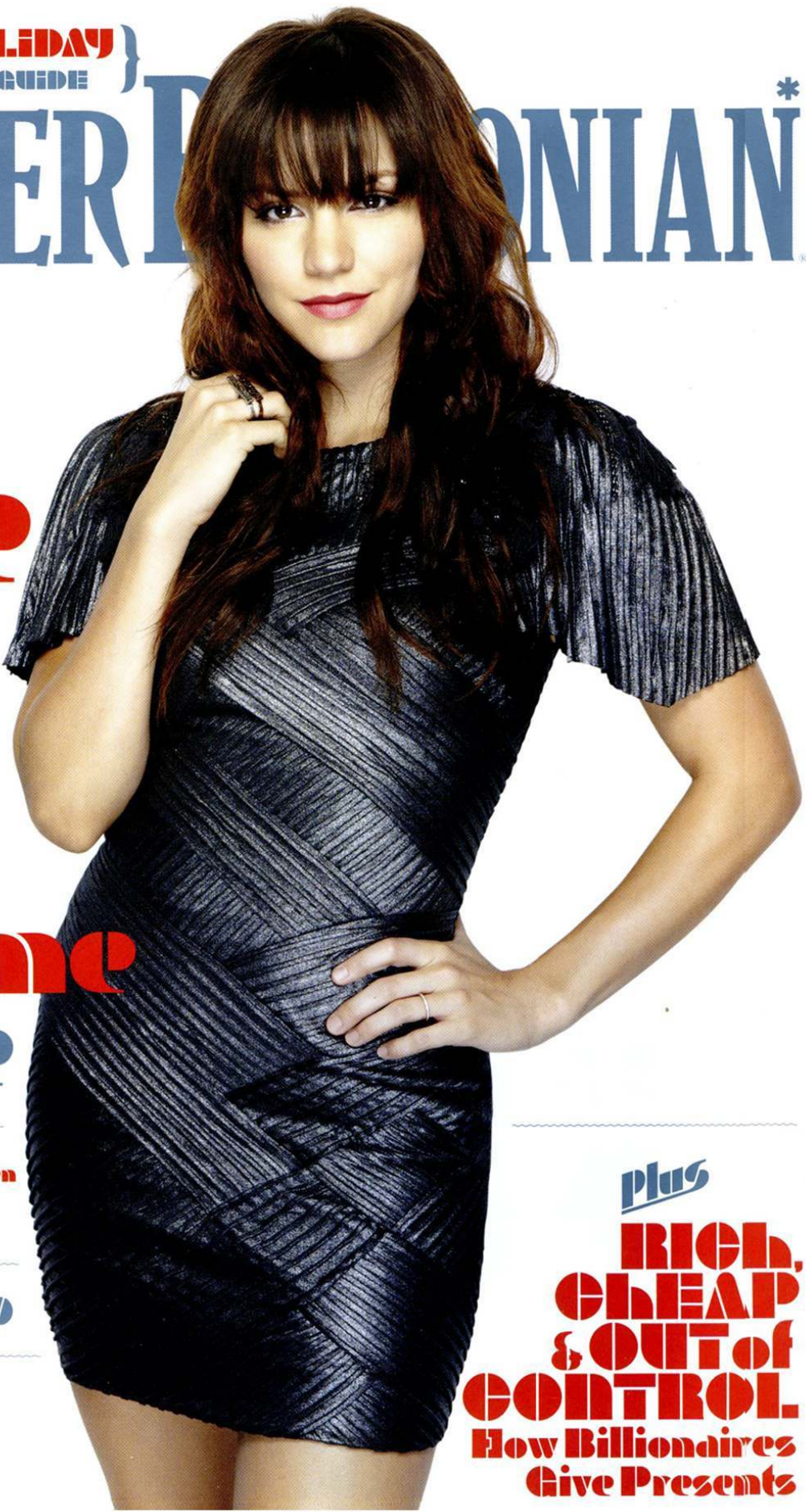


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\* Metro Boston's Thoughtfully-Chosen  
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**Good Eats**

## BUN FOR ALL

For years, the Boston Speed Dog hot-dog truck has been parked in the midst of Newmarket Square's meatpacking facilities. But chef Gregg Gale only recently started taking advantage of his location. The latest addition to his previously one-item menu is pastrami, procured from next-door-neighbor Boston Brisket Co., grilled over a wood-charcoal flame until the edges ripple, and piled high on a lightly charred bun with sweet mustard and barbecue sauce. Also note the meaty rumor that Gale will open a brick-and-mortar operation near Fenway Park in time for baseball season.

ELIZABETH BOMZE

What are your holiday shopping strategies?

**ASK THE EXPERT**

WITH **Susan Mullins**

PERSONAL SHOPPER

**S**TART EARLY. Pick up gifts when you're traveling or buying birthday presents. I shop all year, but I really make myself start in May. Buy newspapers the day you're shopping and get the coupons for department stores. Try eclectic boutiques outside of the city and look for gifts there. Don't buy something that's too personal. Ask yourself: How well do you know this person? Try to think about the person's hobbies—biker, yoga enthusiast? Buy a gift card to one of the stores that carries hobby or sports items.

SOFIA CONSTANTIN



**Beauty**

## Sweeping Trend

Popularized by Carrie Bradshaw in the late '90s, **OMBRE HAIR** is even bigger now than it was then. Today, Sarah Jessica Parker still rocks the roots-grown-out look, as do an increasing number of celebs. "Ombre is kind of the cousin to balayage," says Nicholas Penna Jr., owner of Salon Capri. "'Balayage' means 'sweeping' in French. It's when the highlights are being done off of the root, so there isn't such a prominent growth line. Recently, it's picked up a lot of speed." For women taking themselves to the salon every 4-6 weeks for touch-ups, ombre hair is an excellent option, and it's refreshingly low-maintenance. Penna swears that women of all ages and hair types can pull off the bohemian trend, which can range from extreme to subtle. "It's a play off of your natural color. I like the dark colors into the warm and the chestnuts into the blondes."

AMANDA KNORR

**Ombre Highlights** \$150 and up at Salon Capri, 31 Lincoln St., Newton Highlands (617-969-1970); 406 Legacy Place, Dedham (781-320-0900); saloncapri.com